

Swiss O Days

The pearls of orienteering

Col du Sanetsch

23rd–24th July 2022



Friday 22nd July 2022
Training, Col du Sanetsch

Airolo

23rd–25th September 2022

Val Bedretto
Lago Ritom
Val Piora



Thursday 22nd September 2022
Training, Passo della Novena



swiss-o-days.ch



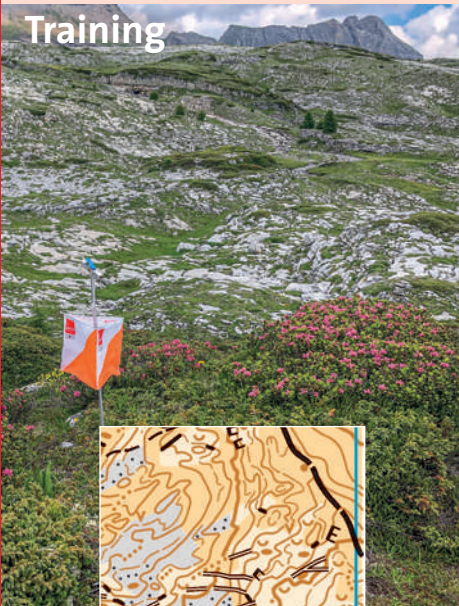
Col du Sanetsch

23rd–24th July 2022

Friday 22nd July

Col du Sanetsch (North)

Training



Saturday 23rd July

Col du Sanetsch (East)



Sunday 24th July

Col du Sanetsch (West)



Airolo

23rd–25th September 2022

Thursday 22nd Sept

Passo della Novena

Training



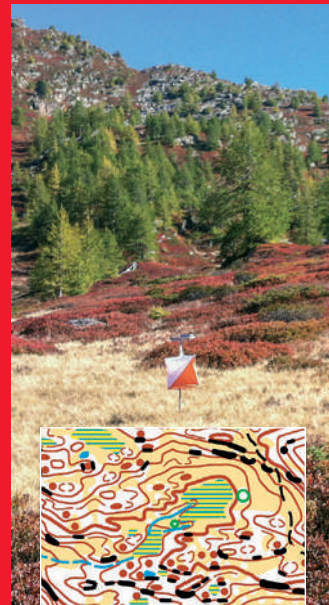
Friday 23rd Sept

Val Bedretto



Saturday 24th Sept

Lago Ritom



Sunday 25th Sept

Val Piora



Swiss Orienteering Days sind OL-Erlebnisse der kleinen, feinen Art, verbunden mit einem Bergerlebnis in den Schweizer Alpen und einer Prise Abenteuer. Mit Swiss O Days entdeckst du schöne und interessante Laufgelände, auch in abgelegenen Ecken der Schweiz.

Swiss Orienteering Days – cela veut dire: des courses d'orientation organisés dans des terrains alpins (haute montagne) choisis pour leur cachet promettant une expérience inoubliable voir aussi d'aventure. Avec Swiss Orienteering Days tu découvriras des terrains très techniques et exceptionnels dans des régions peu visités de la Suisse.

Gli Swiss Orienteering Days sono straordinarie esperienze orientistiche nelle montagne svizzere, con anche un pizzico di avventura. Con gli Swiss O Days hai la possibilità di scoprire zone di gara belle ed interessanti in luoghi a volte discosti dalle normali mete.

Swiss Orienteering Days are small but special orienteering events that offer you an experience in the Swiss Alps with a pinch of adventure. The Swiss O Days will take you to wonderful and fascinating terrain, often in more remote areas of Switzerland.

SOW 2023
SWISS ORIENTEERING WEEK
15–22 JULY 2023

Flims LAAX

graubünden

www.swiss-o-week.ch